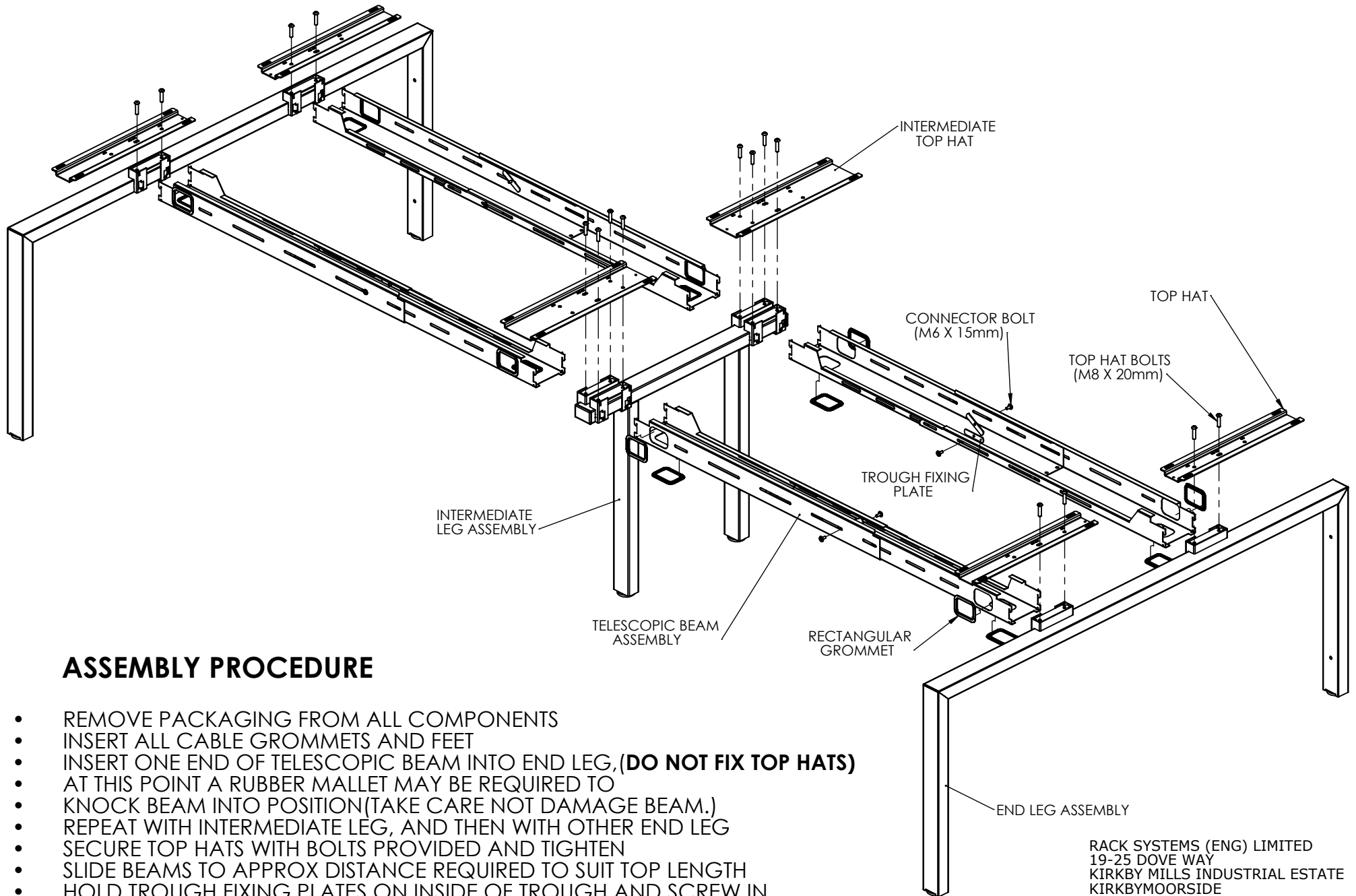


B8 BENCH SYSTEM ASSEMBLY INSTRUCTIONS 4 PERSON CONFIGURATION



ASSEMBLY PROCEDURE

- REMOVE PACKAGING FROM ALL COMPONENTS
- INSERT ALL CABLE GROMMETS AND FEET
- INSERT ONE END OF TELESCOPIC BEAM INTO END LEG, (**DO NOT FIX TOP HATS**)
- AT THIS POINT A RUBBER Mallet MAY BE REQUIRED TO KNOCK BEAM INTO POSITION (TAKE CARE NOT DAMAGE BEAM.)
- REPEAT WITH INTERMEDIATE LEG, AND THEN WITH OTHER END LEG
- SECURE TOP HATS WITH BOLTS PROVIDED AND TIGHTEN
- SLIDE BEAMS TO APPROX DISTANCE REQUIRED TO SUIT TOP LENGTH
- HOLD TROUGH FIXING PLATES ON INSIDE OF TROUGH AND SCREW IN CONNECTING BOLTS THROUGH SLOTS PROVIDED AND TIGHTEN

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